

# TRAVIS PULLAN

Victoria , BC V8X 2K3 | (919)-780-2902 | travispullanbc@gmail.com

## Professional Summary

I recently graduated with a Bachelor of Science, majoring in Exercise Science at the University of Mount Olive in Mount Olive, North Carolina. My objective is to obtain a position in the alternative medicine field utilizing my skills in dexterity, diligence, and knowledge of Exercise Science to provide teamwork and efficiency in the workspace.

## Skills

**Microsoft Office Suite: Proficient in Word, Excel, PowerPoint, and Outlook.**

**Adaptability**

**Attention to detail**

**Positivity**

**Time management**

**Leadership Experience through Sports and Educational Programs**

**Dexterity**

**Decision making**

**Persistence**

**Problem solving**

## Work History

**Installer** 05/2020 - Current

**Island Basement Systems**

- Basement Waterproofing, Crawl Space Repair, Sump Pump Installation & Carbon Fibre Reinforcing

**Chiropractic Assistant / Intern** 01/2024 - 05/2024

**Mount Olive Chiropractic Clinic**

- Chiropractic Clinic

**Cashier / Courtesy Clerk / Grocery** 05/2015 - 05/2018

**Thrifty Foods**

- Grocery Store

## Education

**Bachelor of Science: Exercise Science** 05/2024

**University of Mount Olive** - Mount Olive, North Carolina

## Accomplishments

- Western Lacrosse Association Draft, Round 5 Pick 4, Victoria Shamrocks - 2023
- Academic Honor Roll, University of Mount Olive - 2023 / 2022 / 2021
- Highest VO2max Recorded, University of Mount Olive 2022
- Victoria Shamrocks Most Inspirational Player / Defensive Player of the year - 2019
- Signed National Letter of Intent University of Mount Olive Men's Lacrosse - 2019

## Websites, Portfolios, Profiles

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- <https://tep1575.wixsite.com/travispullan>

## References

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- Jaime Kyllis-Higginbotham, jkyllis@umo.edu, (919) 602-5517, Assistant Professor of Exercise Science, University of Mount Olive
- Mike Pires, mikepires14@gmail.com, (250) 888-1452, Head Coach, Victoria Shamrocks
- Mark Deaton, mdeaton@umo.edu, (919) 658-7870, Associate Professor of Exercise Science, University of Mount Olive
- Chris McKay, chrismckay36@yahoo.com, (250) 896-5686, Assistant Coach, Claremont Secondary Lacrosse
- Dr. Iman Motamed, drimandc@gmail.com, (919)-880-4132, Chiropractor at Mount Olive Chiropractic Clinic, Internship Supervisor
- Peter Spaans, peter@ibsg.ca, (250) 882-1032, General Manager, Island Basement Systems

## Volunteer Experience

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- University of Mount Olive, Mental Health Awareness Program 2023
- UMO Exercise Science Club 2023
- UMO Exercise Science “Trojan Trot” 5k: Run Participant & Set Up 2023
- Pickle Festival Drive Through Management / Cash: 2022
- Bottle Drives: University of Mount Olive 2022: / 2023 Claremont Secondary: 2016 / 2017 / 2018 / 2019